

Comparative Study of Charakokta Trishnanigrahan and Sushrutokta Guduchyadi Varga

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ABSTRACT

Aacharya Charak and Sushrut described so many drugs for a different disease and also for various purpose. They described drugs in group manner. Aacharya charak described it as mahakashay and sushrut described it as a name by varga. Charak described on the basis of main karma and Sushrut described it on the basis of main drug of that particular group. There are mostly common drug present in Trishnanigrahan mahakashay and Guduchyadi varga. The karma of this both groups are trishnahar, jwarahar, dahashaman.

Keywords: *Trishnanigrahan mahakashay, Guduchyadi varga, trishna.*

INTRODUCTION

In Ayurveda various aacharya described the drug in there samhitas for different purpose. They act on diseased person and as well as it used in normal person for rasayan, vajikaran, doshasamshaman, as per rutu shodhan etc. Charakokta Trishnanigrahan and sushrutokta guduchyadi varga both act on trishna, jwara. The drugs included in both groups are as follows:

Trishnanigrahan mahakashaya:

Nagardhanwayawasakamustaparpatkachandanakiratatiktakaguduchihriberdh anyakapatolaniti dashemani trishnanigrahanani bhavanti | cha. Su. 4.14 (29)

Guduchyadi varga:

Guduchinimbakustumburuchandanani padmakam cheti | Su. Su. 38.50

The detail description about both group of drugs are as follows:

S.no.	Drug	Latin name	Guna	Rasa	Vipak	Virya	Doshagnata
1	Shunthi (cha.)	Zinziber officinale	Laghu, Snighdha	Katu	Madhur	Ushna	Kaphavatahar
2	Dhanwayasa (cha.)	Alhagi mourorum	Laghu, Snighdha	Madhur, Tikta, Kashay	Madhur	Sheet	Kaphapittahar

3	Musta (cha.)	Cyperus rotundus	Laghu, Ruksha	Katu, Tikta, Kashay	Katu	Sheet	Kaphapittaghna
4	Parpat (cha.)	Fumaria parvi flora	Laghu	Tikta	Katu	Sheet	Kaphapittashamak
5	Chandan (cha.) (su.)	Santalum alba	Laghu, Ruksha	Tikta, Madhur	Katu	Sheet	Kaphapittashamak
6	Chirayata (cha.)	Swertia chirayta	Laghu, Ruksha	Tikta	Katu	Sheet	Kaphapittashamak
7	Guduchi (cha.) (su.)	Tinospora cordifolia	Laghu, Snighdha	Tikta, Kashay	Madhur	Ushna	Tridosahar
8	Hriber (cha.)	Pavonia odorata	Laghu, Ruksha	Tikta	Katu	Sheet	Kaphapittashamak
9	Dhanyak (cha.) (su.)	Coriandrum sativum	Laghu, Snighdha	Kashay, Tikta, Madhur, Katu	Madhur	Ushna	Tridosahar
10	Patol (cha.)	Trichosanthes dioica	Laghu, Ruksha	Tikta	Katu	Ushna	Tridosahar
11	Nimba (su.)	Azadirachta indica	Laghu	Tikta, Kashay	Katu	Sheet	Kaphapittashamak
12	Padmak (su.)	Prunus cirasoidus	Laghu, Snighdha	Kashay, Tikta	Katu	Sheet	Tridosahar

Most of the drugs are sheet virya which act as pittashamak which ultimately worked as trishna vyadhi. In trishna there is increases of pitta. For that we want drugs which act opposite of pitta dosha. From the above, it is clear that most of the drugs are tikta, kashay rasa and sheet virya which are opposite of pitta dosha guna.

DISCUSSION

From the above it is discussed that, all drugs from both gana are sheet virya which act as pittashamak. These drugs act on trishna, jwara vyadhi *etc.*

CONCLUSION

From the above discussion it is conclude that, the drugs from both gana are used in pitta dosha and pittaj related vyadhi.

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